



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS

March 2025



**2025 Photo Contest Winner:
Tim Culligan**



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	Wed @ 9:15am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Golf Simulator	Tuesdays 9-11 am
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursday of the month
Sheepshead	Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual)	Mondays @ 10 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am
Arthritis Exercise	Tuesdays @ 10:30 am
Yoga (in person instructor)	Mon & Wed @ 9 am
Cardio & Strength (in prsn inst.)	Wed @ 10:15 am
Cardio Drumming(virtual)	Thursdays @ 9:00 am

Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Health

Blood Pressure- Second Tuesdays
Health Screenings- See Calendar
Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
Assist To Transport 920-682-8820
Maritime Metro (bus) 920-686-3560
One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180
Heat Assistance info- November-January 1-833-646-0823
Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
Chore list (hired help)
Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tech assistance- Wednesday Afternoons- Call for an appt.
Tours- Call for personal appointment
Vision Assistance TV Reader available
*TRSC Services are open to all

Dining Room (Koska)

Call Mary at 793-7266 for details
Lunch: Monday - Friday @ 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center Board

meets the second Thurs. of each month at 12pm.
President- Sharon Bauknecht
Vice President- Jan Klein
Secretary- Ruth Kadow
Financial Secretary- Sid Kemp
Treasurer- Cindy Schmidt
Members at large- Cathy Cole, Kim Graves

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaihl@two-rivers.org

Program Coordinator

Megan O'Connor

P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays. **By appointment only.** Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4
DAYS A WEEK !**

COMMITTEE ON AGING

Next Meetings are Monday, March 3rd, and Monday, April 7th @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

To have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store

Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West

Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

T.R.U.S.T. Car

Two Rivers Unique Senior Transportation

The Two Rivers Senior Center TRUST car is available to take you to do all of your Two Rivers errands, whether shopping, social, or medical.

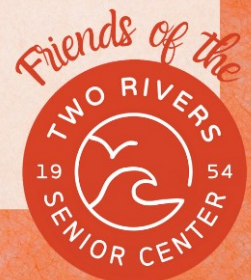
This service is for members of the Senior Center who are living in Two Rivers.

Members can buy a TRUST card for \$15 either at the senior center front desk, or directly from the driver. Cash or check are accepted. Each card has 10 punches on it, and each stop takes one punch.

Members must call at least one day ahead of time to schedule a ride, as there are no same day rides scheduled. Rides can be scheduled months ahead!

For more information, or to schedule a ride, call 920-793-5596

All trips to and from the Senior Center are **FREE!**



Memberships

**\$15/yr per person
\$225 for a lifetime!**

**Stop in and sign up or renew your membership
anytime during office hours!**

Membership is open to anyone 50 years and older. A Senior Center membership grants you access to many of our programs at no additional cost such as Movie Matinees, Mahjong, Bridge Club, Card Creators, Fitness Fun, Cardio Drumming, Sheepshead, trip discounts, parties, and more!

Memberships are payable by cash or check. We cannot accept cards at this time.

Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.



<i>Gift Certificate</i>	
<i>To:</i>	_____
<i>From:</i>	_____



AARP TAX-AIDE 2025



TAX
TIME

The AARP Foundation provides Tax-Aide services free of charge with a special focus on taxpayers over 50 and those with low-to-moderate income. This year, volunteers will be offering both in-person and drop-off appointments at the Two Rivers Senior Center from **February 10th thru April 14th** on **Monday afternoons and Friday mornings.**

You do not need to be a member of The Two Rivers Senior Center to benefit from this service.

AARP tax preparer volunteers are trained to prepare and electronically file basic federal, state, and Homestead tax returns. Complex returns may be advised to see a professional tax preparer.

Call 920-793-5596 to make an appointment today!



IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bridge Club

Mondays
@ 10:00
In the SC Library

Bowling

Wednesdays
@ 9:15
At the Hook

Mahjong

Tuesdays
@ 9:30

In the SC
Library

Cribbage

Wednesdays
@ 1:30
In the SC
Library

Bingo

Tuesdays
@ 1:00

In the Koska
Room

Sheepshead

Thursdays
@ 1:00
In the SC
Library

Dominoes

Tuesdays
@ 1:00

In the SC
Library

Bingo Brunch

Fridays
@ 9:00
In the Koska
Room

Exercise

*See page 14 for details on Silver Sneakers classes, and page 13 for 2025 wellness card policies.

Senior Yoga

**Mondays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Senior Yoga

**Wednesdays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

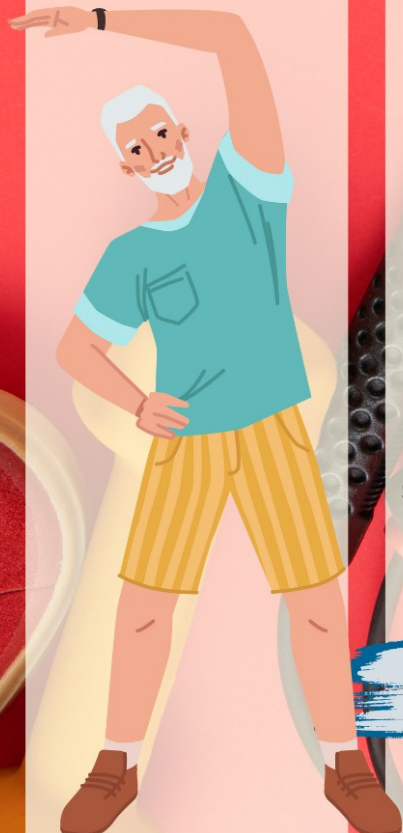
Senior Center Class

Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more! Classes are held in the Koska room.

Senior Center Class



Cardio & Strength

**Wednesdays
@ 10:15am**

Join this fun workout class to improve cardio endurance, strength, and burn calories. In the Behringer room.

Silver Sneakers class!

NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

**Call
920-793-5596
to register
for classes.**

NEW!

PARKS & REC GOLF SIMULATOR

SENIOR CENTER HOURS!

**THE GOLF SIMULATOR IS UP AND RUNNING,
AND THE SENIOR CENTER GETS ITS OWN
FREE TIME! EVERY TUESDAY 9-11 AM.**

Starting in February, the Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

Golf, Cornhole, Bowling, Foot golf, Disc Golf, Soccer, Dodgeball, Hockey, Pitching, and more!

Call the senior center at
920-793-5596 to sign up today!



THANK YOU FRIENDS OF THE SENIOR CENTER!

The Friends of the Two Rivers Senior Center are generously sponsoring all senior center wellness classes for all of 2025, so you enjoy Fitness Fun, Arthritis Exercise, and Cardio Drumming FREE





Silver Sneakers

sign up for Silver Sneakers
classes with Cathy!

Location: Two Rivers Senior Center
1520 17th Street
Two Rivers, WI 54241

NOTICE!

There will be no
yoga, Cardio &
Strength, or
Arthritis Exercise
classes 4/25
through 5/11.

Not sure if you're eligible? Visit silversneakers.com to check your eligibility
and find your member ID, or ask your instructor.

**Punch cards are available for purchase directly through
your instructor. Prices are as follows:**

Senior Center Members- \$10 for a 5 class punch card

Non-Members- \$20 for a 5 class punch card

Drop in to try a single class for \$5!

Mondays 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- Move (Cardio Dance)

UPCOMING

Senior YOGA

opportunities

CATHY HAS CHAIR YOGA ON THE MOVE!

Chair Yoga @ Londondairy Alpaca Ranch

June 27th & September 9th
1-3 PM \$13

We'll be headed back out to Londondairy Alpaca Ranch to yoga with our furry friends from the south, and enjoy some South American wine!

WEDNESDAY'S MOVE CLASS NOW: CARDIO & STRENGTH

This class will get your heart rate up while you move through different movements at your own pace. A fun mix of cardio and weights....paired with a fun collection of upbeat tunes.

NOTICE!

There will be no yoga, Cardio & Strength, or Arthritis Exercise classes 4/25 through 5/11.

Wednesdays @
10:15 - 10:45am



Two Rivers Senior Center
Red Hattitudes

Thursday, March 20th at 11:30 am

Join the Red Hattitudes for a meal at:

Friar Tuck's
3702 Calumet Ave
Manitowoc, WI 54220

followed by a Burger Boat Tour at:

1:30 pm
Burger Boat Company
1811 Spring St, Manitowoc, WI 54220

Jan is your hostess.



We're at it again!

Cork & Canvas

-Spring Edition-

Join us Friday, April 4th at 6 pm

Express a little creativity while enjoying libations, light snacks, and fun!



\$15

Sign up at the Two Rivers Senior Center by 3/27/2025

HAPPY BIRTHDAY!

MARCH 1

Deborah Brotcke
Brian Powell
Patricia Radey

MARCH 2

Margaret Patek
Scott Sues

MARCH 3

Dawn Hilliker

MARCH 4

Diane Compton
Diane Danay
Helen Ertman

MARCH 5

Therese Dodge

MARCH 6

Carol Ahrndt
Tracey Koach

MARCH 7

Dawn Coenen

MARCH 8

Sally Eesley
Marian Hearley

MARCH 9

Nancy LeClair
Robert Pietroske
Tony Rathsack

MARCH 10

Shirley Pozorski
Bonnie Timm

MARCH 11

Anita Bornemann
Judy Jonas-Virnoche

MARCH 12

Sandra Boehm
Ann Musial

MARCH 13

Eileen Peters

MARCH 14

MaryAnn Rabitz

MARCH 15

Betty Kannegiesser
Susanne Koch

MARCH 16

Patricia Morse
Kathy Pfefferkorn

MARCH 17

Patrick Groelle
Patricia Michalek
Theodore Zich
Patrick Zur

MARCH 20

Sandy Kaufman

MARCH 21

Bill Anderson
Cathy Hendricks

MARCH 23

Donald Konop
Charlotte Swade

MARCH 24

Gary Burnstadt
Carol DeGroot
Jack Eis
Alvin Zellner

MARCH 25

Mary Juchniewich
Rose Marie Schetter
Glenn Shediwy

MARCH 26

Marilyn Engman
Janice Tetzlaff

MARCH 27

Jolene Mauer
Patrick Wichlacz

MARCH 28

Jean Becker
Harold Vondruska

MARCH 29

Debra Gates
Greg Ross

MARCH 30

James Eis
Sue Guertin
Mary Zich





Happy Anniversary

March 12

Brian & Darla Powell

March 21

Tony & Kathy Rathsack

March 20

Richard & Barbara Laurent

Paul & Barbara Samz

March 22

T. Peter & Linda Harlow

Stanley & Elizabeth Palmer

March 28

Ronald & Theresa Pilzak

Quarterly Birthday Party!

THURSDAY, MARCH 20TH AT 12:00

**JOIN US FOR A MEAL, CAKE, AND
ENTERTAINMENT BY AMY
POTTHOFF!**

CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



NEW

BRIDGE CLUB

**NEW! Join this new group
MONDAYS from 10am - 12pm
in the Senior Center Library.**

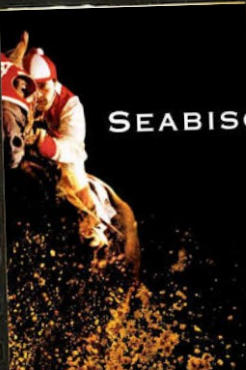
For questions, or to sign up, call the
Senior Center at 920-793-5596.



NOW SHOWING
 MOVIE MATINEE- MONDAYS @ 1 PM



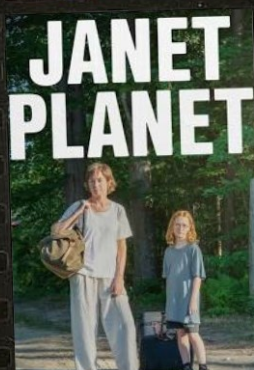
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March 3rd- Mouse Hunt-
 When their string magnate father dies, brothers Ernie and Lars move into his decrepit mansion. Struggling to keep a promise to never sell the now unprofitable string factory, the brothers decide that restoring the house, the last built by a famous architect, could bring them a great deal of money. But during their restoration attempts, Ernie and Lars are continually frustrated by a malicious mouse that keeps destroying their efforts. - IMDb
 Rated PG. Run time 1 hr 38 minutes.

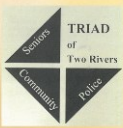
March 10th- Seabiscuit-
 In the midst of the Great Depression, a businessman coping with the tragic death of his son, a jockey with a history of brutal injuries and a down-and-out horse trainer team up to help Seabiscuit, a temperamental, undersized racehorse. At first the horse struggles to win, but eventually Seabiscuit becomes one of the most successful thoroughbreds of all time, and inspires a nation at a time when it needs it most. -IMDb
 Rated PG-13 . Run time 2 hrs 20 minutes.

March 17th- Conclave-
 Cardinal Lawrence has one of the world's most secretive and ancient events, participating in the selection of a new pope. Surrounded by powerful religious leaders in the halls of the Vatican, he soon uncovers a trail of deep secrets that could shake the very foundation of the Roman Catholic Church. - IMDb
 Rated PG. Run time 2 hrs.

March 24th- Janet Planet-
 Enthralled by her own imagination, 11-year-old Lacy spends the long summer at home with her mother and three strangers. -IMDb
 Rated PG-13. Run time 1 hr 53 minutes.

March 31st- We Dare to Dream-
 Refugee athletes face dramatic challenges while competing for a place in the 2020 Olympic Games. -IMDb
 Rated PG-13. Run time 1 hr 38 minutes.

Pre-register by calling 920-793-5596. Space is limited
 Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.





CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register

Creation Station

PINE CONE BIRD FEEDER

Use the materials provided to create a bird feeder just in time for spring!

To reserve your kit, call 920-793-5596.
Call by Friday, March 14th.

Kits will be ready for pick up March 28th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

Creation Station Sponsored By:


For all your insurance needs

**AMERICAN FAMILY
INSURANCE**



P.A. Wargin Agency, Inc. (920) 794-1114

www.pamwargin.com • teamwargin@amfam.com

NEW

Tech assistance appointments!

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

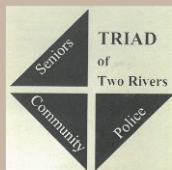
Call 920-793-5596 and sign up for an appointment today!



TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each



Serving Manitowoc Co.

The Manitowoc/ Two Rivers Lion Club is in need of gently used wheelchairs and knee scooters. To donate, contact Jan Klein at 920-323-4986



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

NOW ON THURSDAYS!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



Unit 165- Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com

or on Facebook



Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

WESTSIDE STORY AT THE FIRESIDE THEATER

April 3rd

BREWERS AT WRIGLY FIELD DAY TRIP

JUNE 19th

ALASKA: CALL OF THE WILD

July 24th - 30th

LAMBEAU FIELD DAY TRIP

September 1st - 5th

MACKINAC ISLAND

September 1st - 5th

ALBUQUERQUE BALLON FIESTA & SANTA FE

October 3rd - 8th

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

CHRISTMAS IN MONTREAL & QUEBEC CITY

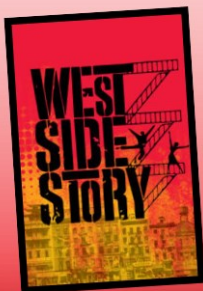
December 3rd - 9th

**Call for availability.*

Sign up today! 920-793-5596

JOIN US AT THE **The Fireside, Inc.**

APRIL 3, 2025 MEMBER COST - \$120 NON-MEMBERS - \$130



"From the first notes to the final breath, WEST SIDE STORY is a theatrical event not to be missed. Shakespeare's Romeo and Juliet is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time..." - Fireside

Departures: 7:30 AM from The Two Rivers Senior Center
8:00 am from The Perkins Park & Ride in Manitowoc

BREWERS V. CUBS @ WRIGLEY FIELD

JUNE 19TH
7:00 AM DEPARTURE

\$80 MEMBERS **\$85 NON-MEMBERS**

JOIN US ON THIS ACTION PACKED DAY TRIP TO SEE THE BREWERS PLAY THE CUBS AT WRIGLEY FIELD! PRICE INCLUDES A LIGHT BREAKFAST PROVIDED BY THE SC, BUS FARE, GAME TICKETS, AND A TOUR OF WRIGLEY FIELD. PARTICIPANTS WILL HAVE TIME TO GRAB LUNCH IN WRIGLEYVILLE BEFORE THE GAME.



TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER.

STOP IN TO SIGN UP BY MAY 19TH!



Lambeau **FIELD TRIP**

**STADIUM
HALL OF FAME &
STEP- ON BUS TOUR**



**& LUNCH @
1919 KITCHEN & TAP**

JOIN THE TWO RIVERS SENIOR CENTER FOR A TOUR OF LAMBEAU WHICH INCLUDES THE ATRIUM, ENDZONE ROOFTOP, CLUB BOXES, THE PRESS BOX, TEAM TUNNEL, SIDELINES, AND MORE! ENJOY STEP ON GUIDED TOUR OF PACKERS HERITAGE TRAIL SITES, AND ENJOY LUNCH AT 1919 KITCHEN & TAP. FOOD OPTIONS INCLUDE WISCOBURGER, TURKEY CLUB, OR HICKORY SMOKED PULLED PORK ALL WITH CHIPS, OR A COBB SALAD.

TRIP SPONSORED IN PART BY THE FRIENDS OF THE TWO RIVERS SENIOR CENTER

AUGUST 7TH
8:30 AM DEPARTURE

\$70 **\$75**
MEMBERS NON-MEMBERS

STOP IN TO REGISTER

920-793-5596

ALASKA: CALL OF THE WILD

July 24th - 30th

Go on a land journey featuring a rail ride from Anchorage to Denali, a tundra wilderness tour at Denali National Park, look for seals, sea otters, whales, and more by the face of a glacier at Kenai Fjords National Park, and a day out to shop and relax in Seward.

\$5625 pp Double



PREMIER
WORLD DISCOVERY

MACKINAC ISLAND

September 1st - 5th

Hop on a motorcoach for a beautiful drive up to northern Michigan. Experience a guided tour at Mackinaw City and visit Mackinac Island for a guided carriage tour. Board a boat for a ride through the Soo Locks and enjoy free time in Sault Sainte Marie. Conclude your trip with stops at Colonial Michilimackinac and a Northern Michigan Casino!

\$855 pp Double.

Diamond Tours
inc
Bringing Group Travel to a Higher Standard

ALBUQUERQUE BALLOON FIESTA & SANTA FE

October 3rd - 8th

Start your journey in Albuquerque at the Balloon Fiesta and a stroll through Old Town. Then head up to Santa Fe and visit the Indian Pueblo Cultural center and Los Alamos Bradbury Science Museum. Take the "high road to Taos" for the day, then return to Santa Fe for a city tour and farewell dinner.

\$3575 pp Double

PREMIER
WORLD DISCOVERY

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

Explore Bern, visit an Alphorn maker, experience a yodeling demonstration, fondue, Lucerne, and the Austrian Alps. Your choice of a Cultural City Walking Tour or Anarchitectural Walking Tour. Visit Innsbruck, Salzburg, Mirabell Gardens, Linderhof Palace, and Tyrolean Folk Show.

\$4,549 pp Double \$5,249 pp Single

collette

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation and your choice of a city walking tour or Fort Sumter Cruise, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and Christmas caroling.

\$3,699 pp Double \$4,699 pp Single

collette

CHRISTMAS IN MONTREAL & QUEBEC CITY

Dec. 3rd - Dec. 9th

Take a city tour through Montreal including Notre Dame Cathedral. Then take a train tour from Montreal to Quebec City, where you'll experience the christmas Markets of Old Quebec, Gilles Copper Museum, and a demonstration at the Sugar Shack.

\$3,375 pp Double

THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

Douglas Storlie, Patrick Gagne, Julie Klein, Gerald & Diane Schmidt, Laura Cornelius, and all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

FEBRUARY HOME DELIVERED MEAL VOLUNTEERS

1st Anderson Real Estate LLC, Hamilton Home, Grace Church, The Two Rivers School District, Kiwanis, Rotary, and all the individuals who drive for us!



Pi Day Pie Sale!

March 14th 9am-2pm

Slices \$3 Whole Pie \$12

Flavors:

*Cherry, Apple, Raspberry
Custard, Rhubarb Custard,
Chocolate Cream, Blueberry
Cream, Cherry Cream*

Available for pre-orders.

Call 920-793-5596 or stop in today!

Soup Sale! March 28 9am-2pm

Chicken Dumpling Soup

Available for pre-orders.

Call 920-793-5596 or stop in today!

Pint \$6

Quart \$8

ADRC LUNCH PROGRAM

MONDAY- FRIDAY @ 11:30 AM




Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60



March

2025 Two Rivers/Mishicot
Area Dine In & Home
Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lasagna, Capri blend veggies, peaches, French bread, apple pie square	4 Chicken Caesar salad, vegetable bean soup, dinner roll, chocolate mousse	5 Salmon, boiled red potatoes, carrots, rye bread, fruited lemon fluff	6 Salisbury steak, potato casserole, broccoli, WW dinner roll, chocolate chip cookie	7 Pineapple glazed ham, cheesy potatoes, three bean salad, rye bread, tropical fruit
10 Chili, chicken salad on WW bread, applesauce, cherry cake	11 Chicken Ala King over rice, Brussel sprouts, WW dinner roll, blueberry cheesecake square	12 Baked chicken, whipped potatoes & gravy, carrots, WW bread, fruited Jello 	13 Shepherd's pie, Hubbard squash, broccoli, white bread, butterscotch pudding	14  Chicken alfredo, romaine salad, country blend veggies, garlic breadstick, banana
17  Corned beef & cabbage, mashed sweet potatoes, green beans, rye bread, pistachio torte*	18 Chicken stir fry, brown/white rice, carrots, pineapple, peanut butter cookie*	19 Meatloaf, mashed potatoes & gravy, broccoli, WW dinner roll, chocolate pudding torte	20 Beef vegetable soup, ham salad on rye, cucumber salad, pears, chocolate chip bar	21 Fish sandwich on a bun w/ tartar sauce, potato wedges, carrots, lemon torte
24 Beef stroganoff, mashed potatoes & gravy, corn, WW dinner roll, fruit & yogurt parfait w/ granola	25 Chicken dumpling soup, egg salad on WW bread, coleslaw, strawberries, angel food cake	26 Bacon cheeseburger casserole, baked beans, grapes, biscuit, lemon bar	27 Pesto chicken, romaine salad, tomato wedges, potato bucks, WW bread, unfrosted black bean brownie	28 Meatballs, mashed potatoes & gravy, carrots, WW bread, fruited Jello
31 Scalloped potatoes & ham, peas, WW dinner roll, banana	 <p>Aging and Disability Resource Center of the Lakeshore</p>			

*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.

Menu subject to change.