



Two Rivers Senior Center

ENHANCING THE LIVES OF
OLDER ADULTS

January 2025



**2025 Photo Contest Winner:
Paul Benfield**



ACTIVITIES AND SERVICES

Call **920-793-5596** for inquiries, appointments, and registration

Activities

Bingo	Tuesdays @ 1 pm & Fridays @ 9 am
Bowling at The Hook	Wed @ 9:15am
Card Creators	Wednesdays @ 10:00 am
Creation Station	Varies, see Calendar
Cribbage	Wednesdays @ 1:30 pm
Dominoes	Tuesdays @ 1:00 pm
Mahjong	Tuesdays @ 9:30 am
Movie Matinee	Mondays @ 1:00 pm
Quilting	Fridays @ 8:30 am
Red Hattitudes	Third Thursday of the month
Sheepshead	Thursdays @ 1:00 pm

Exercise

Fitness Fun (virtual)	Mondays @ 10 am
Simply Seniors (P&R)	Tues & Thurs @ 9:15 am
Arthritis Exercise	Tuesdays @ 10:30 am
Yoga (in person instructor)	Mon & Wed @ 9 am
Move (in person instructor)	Wed @ 10:15 am
Cardio Drumming(virtual)	Thursdays @ 9:00 am

Health

Blood Pressure- Second Tuesdays
 Health Screenings- See Calendar
 Foot Care- Monday afternoons, Tuesday & Wednesday Mornings, and Thursdays by appointment.

Transportation

TRUST Car Door-to-Door 920-793-5596
 Assist To Transport 920-682-8820
 Maritime Metro (bus) 920-686-3560
 One-stop-shop/ Mobility mgmt. 920-686-6977

Services

ADRC Services-

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180
 Heat Assistance info- November-January 1-833-646-0823
 Home Delivered Meals- Please call the ADRC 920-683-4180

Two Rivers Senior Center Services-

Books, DVD's, & puzzles available to borrow
 Chore list (hired help)
 Reassurance Calls- During Regular Hours
 Tax Assistance (AARP) - February - April
 Tours- Call for personal appointment
 Vision Assistance TV Reader available
 *TRSC Services are open to all

Dining Room

Lunch:
 Monday - Friday
 @ 11:30 am



Notice

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Guest day passes are available for \$5 at the front window.
 Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

GOVERNANCE & MORE

Call 920-793-5596 for inquiries, appointments, and registration



City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.

Friends of the Two Rivers Senior Center

Board meets the second Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Sid Kemp

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Kim Graves

**Friends of the Two Rivers
Senior Center Board Annual
Meeting: January 9th @ 12pm**

Our Mission

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

Staff

Senior Center Supervisor

Heather Ihlenfeldt

P: 920-793-5590

E: heaihl@two-rivers.org

Program Coordinator

Megan O'Connor

P: 920-793-5597

E: megoco@two-rivers.org

Nutrition & Volunteer Coordinator

Mary Omillian

P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241



ADRC Benefit specialist

Contact the ADRC at **920-683-4180** to schedule an appointment to meet with a benefit specialist at the Senior Center the **first Thursday of each month**. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



Blood Pressure Screenings

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome. Free to everyone. Call **920-793-5596** to schedule today.



Foot Care

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly to your nurse.

Call **920-793-5596** to schedule today.



**NOW AVAILABLE 4
DAYS A WEEK !**

COMMITTEE ON AGING

Next Meetings are Monday, January 6th, and Monday, February 3rd @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

To have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



Pick up our newsletter at these locations !

Two Rivers

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store
Mueller Manor
Community First Bank
River House Apts
Fox Community Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP
Washington House
St. Vincent De Paul
Village Green East

Village Green West
Schroeder's/ Red Bank Coffee

Manitowoc

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

All trips to and
from the Senior Center
are **FREE!**

T . R . U . S . T . C A R

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

The TRUST car vehicle and program are sponsored by the Friends of the Two Rivers Senior Center

Memberships

**\$15/yr per person
\$225 for a lifetime!**

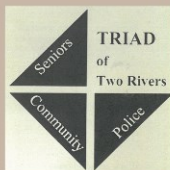
Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.

TRIAD *fundraiser*

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each



Serving Manitowoc Co.

The Manitowoc/ Two Rivers Lion Club is in need of gently used wheelchairs and knee scooters. To donate, contact Jan Klein at 920-323-4986



THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

NOW ON THURSDAYS!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



Unit 165- Two Rivers

FUNDRAISER

The American Legion Auxiliary is selling Kwik Trip gift cards with a value of either \$10 or \$20 to raise money to assist veterans with a range of needs.

Kwik Trip Gift cards will be available for purchase by cash or check at the Two Rivers Senior Center, or by contacting the auxiliary by email: auxwipost165tr@gmail.com or on Facebook





CARD CREATORS

Wednesdays @10am
Two Rivers Senior Center Library

**PRE-REGISTER BY CALLING
920-793-5596**

The card creators are a group of member-volunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

Quilting Group

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

**Fridays at 8:30 am in
the Library**

Call 920-793-5596 to register



Creation Station

YARN HEARTS

Use the materials provided to create these wooly hearts!

To reserve your kit, call 920-793-5596.
Call by Friday, January 10th.

Kits will be ready for pick up January 17th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5

Gift Certificates!

Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.



<i>Gift Certificate</i>	
<i>To:</i>	_____
<i>From:</i>	_____



Exercise

*See page 13 for details on Silver Sneakers classes, and page 17 for 2025 wellness card policies.

Senior Yoga

**Mondays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Arthritis Exercise

**Tuesdays
@ 10:30**

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

Senior Center Class

Senior Yoga

**Wednesdays
@ 9**

This class, with in-person instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

Cardio Drumming

**Thursdays
@ 9**

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome. Classes are held in the Koska Room.

Senior Center Class

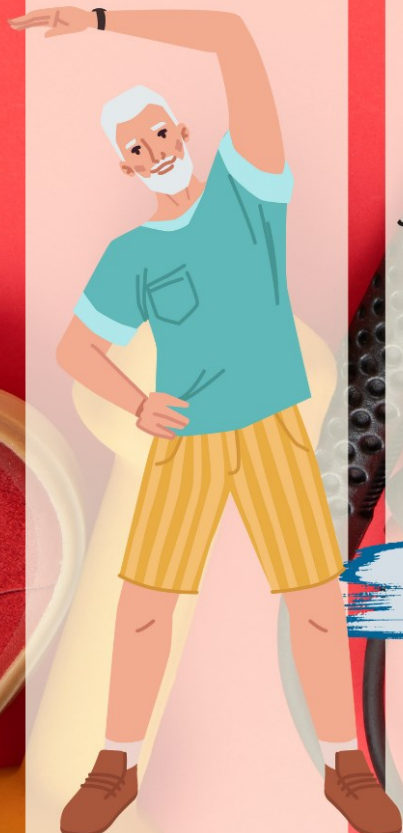
Fitness Fun

**Mondays
@ 10**

Join this eclectic virtual exercise class for all fitness levels. Activities include dancing, cardio, and more!

Classes are held in the Koska room.

Senior Center Class



Move

**Wednesdays
@ 10:15am**

Join this fun dance expired workout class to improve cardio endurance and burn calories. In the Behringer room.

Silver Sneakers class!

**VISIT PAGE 17
FOR WELLNESS
CARD
CHANGES!**

**Call
920-793-5596
to register
for classes.**



**Location: Two Rivers Senior Center
1520 17th Street
Two Rivers, WI 54241**

sign up for Silver Sneakers classes with Cathy!

**Here's how it works:
Silver Sneakers eligible members- FREE**

Not sure if you're eligible? Visit silversneakers.com to check your eligibility and find your member ID, or ask your instructor.

A punch card will be available for all of Cathy's classes directly through her. Prices are as follows:

Senior Center Members- \$10 for a 5 class punch card

Non-Members- \$20 for a 5 class punch card

Drop in to try a single class for \$5!

**Mondays 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- Move (Cardio Dance)**



Silver Sneakers Move Class

**Starting Wednesday,
January 15th @ 10:15 AM**

Move is a fun, dance inspired workout class. This class provides a higher intensity dance workout to help improve cardio endurance and burn calories with easy-to-flow moves and energizing music. Get ready for a great cardio workout!



CARS Program

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit:
careasy.org/nonprofit/friendsofthetworiversseniorcenter
or call 855-500-7433



MARK YOUR CALENDARS!

The ADRC will be holding two sessions to help folks with
BASIC TECHNOLOGY QUESTIONS
FEBRUARY 10TH AND 17TH FROM 9-11 AM
IN THE SENIOR CENTER LIBRARY.
Call 920-683-4180 to sign up.
space is limited.

We're at it again!

Cork & Canvas

-Rocks Edition-

\$15

Join us Thursday, January 16th at 6 pm
Express a little creativity while enjoying libations,
light snacks, and fun!

Sign up at the Two Rivers Senior Center by 1/2/2025



NEW

Tech assistance appointments!

Thanks to a volunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!



Two Rivers Senior Center
Red Hattitudes

Thursday, January 16th at 11:30 am

Join the Red Hattitudes for a meal at:

The Two Rivers Family Restaurant
3015 Tannery Rd
Two Rivers, WI 54241

followed by a meeting at:

The Two Rivers Senior Center
Sandy is your hostess.





The Friends of the Two Rivers Senior Center have generously decided to sponsor wellness cards for all members for all of 2025!

This sponsorship means that Fitness Fun, Arthritis Exercise, and Cardio Drumming are all now FREE to members!

Starting this month, you will no longer need to purchase wellness cards for these classes. We do ask that you still sign up and sign in whenever possible. When you sign up ahead of time, we can contact you if there is a change in the class schedule.

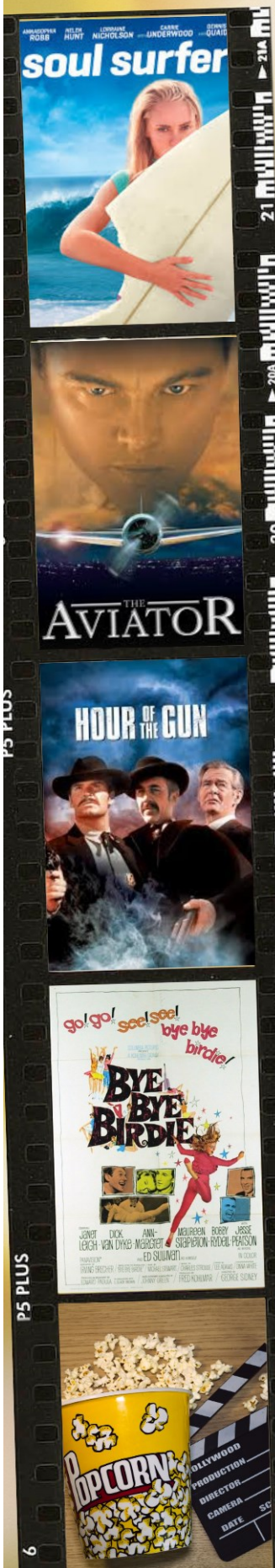
THANK YOU FRIENDS OF THE SENIOR CENTER!



Bridge Club

We're gauging interest in starting a bridge playing group. If you're interested in participating, please call the Senior Center at 920-793-5596.

If we can get enough interest, we'll call you and set up a regular time!



NOW SHOWING
 MOVIE MATINEE- MONDAYS @1PM

January 6th- Soul Surfer-

A natural talent in the sport of surfing, teenager Bethany Hamilton loses an arm in a shark attack. Bolstered by the love of her parents and refusing to give up, she plans to return to competition, although questions about her future continue to trouble her. Upon seeing the devastation in Thailand caused by the 2004 tsunami, Bethany discovers a greater purpose: to make a difference in the lives of others. - IMDb
 Rated PG. Run time 1 hr 46 minutes.

January 13th- Aviator-

Billionaire and aviation tycoon Howard Hughes is a successful public figure: a director of big-budget Hollywood films such as "Hell's Angels," a passionate lover of Hollywood leading ladies Katharine Hepburn and Ava Gardner (Kate Beckinsale), and an aviation pioneer who helps build TWA into a major airline. But in private, Hughes remains tormented, suffering from paralyzing phobias and depression. The higher he rises, the farther has to fall. -IMDb
 Rated PG-13 . Run time 2 hr 49 minutes.

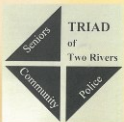
January 20th- Hour of the Gun-

While the Earp brothers may have won the gunfight at the O.K. Corral, they didn't escape unscathed for long. Seeking revenge over their fallen comrades, members of the Clanton gang go after the Earp family, gunning down both Virgil and Morgan Earp. But they don't succeed at getting Wyatt. Now it's his turn to seek revenge. With Doc Holliday by his side, Wyatt forms a posse, and they won't rest until every member of the Clanton gang is dead. - IMDb
 Rated NR. Run time 1 hr 42 minutes.

January 27th- Bye Bye Birdie-

When the draft selects rock star Conrad Birdie, his fans are devastated, but none more than struggling songwriter Albert Peterson, whose song Birdie was just about to record. Albert's longtime girlfriend, Rosie, pushes Albert to write a new tune that Birdie will perform on television to a fan selected in a contest. The scheme works, with young Ohio teenager Kim McAfee declared the winner, but no one has counted on the jealous wrath of her boyfriend. -IMDb
 Rated G . Run time 1 hr 52 minutes.

Pre-register by calling 920-793-5596. Space is limited
 Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time,
give us a call at 920-793-5596

Bowling

Wednesdays
@ 9:15
At the Hook

**Meet at the Hook
at 9:15!**

Mahjong

Tuesdays
@ 9:30
In the Library

Cribbage

Wednesdays
@ 1:30
In the Library

Bingo

Tuesdays
@ 1:00
In the Koska

Sheepshead

Thursdays
@ 1:00
In the Library

Dominoes

Tuesdays
@ 1:00
In the Library

Bingo Brunch

Fridays
@ 9:00
In the Koska

EXERCISES FOR SENIORS

You know how important exercise is, as we grow older. Here are a few suggestions. I start by standing outside behind the house and, with a five-pound potato sack in each hand, extend my arms straight out to my sides and hold them there as long as I can.

After a few weeks, I moved up to 10-pound potato sacks, then 50-pound potato sacks and finally I got to where I could lift a 100-pound potato sack in each hand and hold my arms straight out for more than a full minute!

Next, I started putting a few potatoes IN the sacks, but I would caution you not to overdo it at this level.



Starting in 2025, birthday parties will be quarterly. This will allow for a bigger budget per party, and more birthdays to celebrate!

MARK YOUR CALENDARS!

MARCH 21ST AT 1:30

MORE INFORMATION TO COME!

HAPPY BIRTHDAY!

JANUARY 1

Fredrick Stoeger
Peter Vandenbusch

JANUARY 2

Sue Kemp

JANUARY 3

Lois Kubsh
Tammy Ricks

JANUARY 4

Margo Anderson
John Moseler
James Schmelzle
William Stegemann

JANUARY 5

Thomas Palzer
Karolyn Swoboda

JANUARY 6

Diane Schmidt

JANUARY 7

Constance Pawlowski

JANUARY 8

Barbara Laurent
Pam Fanslau

JANUARY 9

Jacque Moseler
Barb Sauer
Elizabeth Palmer

JANUARY 10

Catherine Campbell
Kathryn Casavant
Patricia DeWitt

JANUARY 11

Chris Eggert-Rosenthal
Mary Franz

JANUARY 12

Sue Ollendorf
Jennifer St. George
Merrily Zimmer

JANUARY 13

Ruth Kornely
Dian Polich
Sandra Smith
Benjamin Valenta

JANUARY 14

Thomas Becker
Robert Hearley

JANUARY 15

Janell Harteau

JANUARY 16

Janice Levendusky

JANUARY 17

Liz Foster
Becy Mueller
Sue Naidl

JANUARY 18

Paul Samz
Chris Wilfert

JANUARY 19

Gaylynn Hendrick
Gene Peterson

JANUARY 20

Jan Coenen

JANUARY 21

Bill Johnson
Rich Langman
Thomas Zur

JANUARY 22

Daphne Greif
Ann Plansky

JANUARY 23

Doug Albright

JANUARY 24

Judy Koch
Deborah Palumbo

JANUARY 25

Bonnie Monka
Joal Peugeot
Michael Staudt
Jeff Thompson

JANUARY 26

Barbara Broths
Lynne Hamilton
Ronald Pilzak

JANUARY 27

Dorothy Konop
Cathy Neuser
Mary Ann Pries
Paula Roaten

JANUARY 28

Michael Canty

JANUARY 29

Pearl Bauknecht
Norma Kumbalek

JANUARY 30

Paul Schmid

JANUARY 31

Nona Casebeer
Sandra Franz
Sid Kemp
Kathleen Meneau
Gail Zaidel





Happy Anniversary

January 8

Daniel & Audrey Becker

January 11

Terry & Kathryn Casavant

January 15

Lee & Mary Kirchman

January 19

John & Barbara Nordstrom

Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

2025

CLASSICAL GREECE DISCOVERY

February 9th-19th

CLOSED

HOLLAND TULIPS & RHINE RIVER CASTLE CRUISE

March 26th- April 4th

CLOSED

WESTSIDE STORY AT THE FIRESIDE THEATER

April 3rd

SPOTLIGHT ON WASHINGTON D.C.

March 27th- April 1st

CLOSED

IRELAND: DUBLIN, CORK, & GALWAY

April 27th - May 4th

SOLD OUT

ALASKA: CALL OF THE WILD

July 24th - 30th

MACKINAC ISLAND

September 1st - 5th

ALBUQUERQUE BALLON FIESTA & SANTA FE

October 3rd - 8th

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

CHRISTMAS IN MONTREAL & QUEBEC CITY

December 3rd - 9th

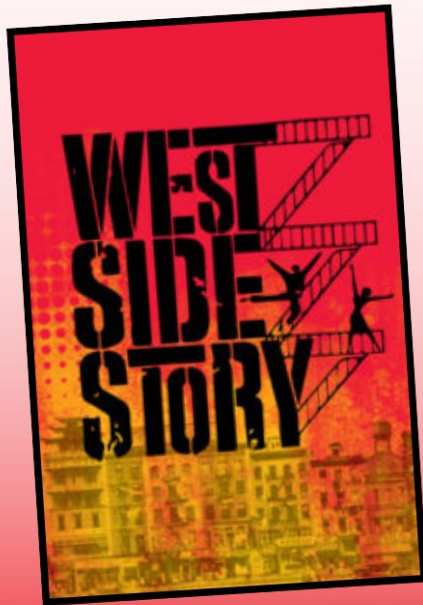


**Call for availability.
Sign up today! 920-793-5596*

JOIN US AT THE **The Fireside**, Inc.

APRIL 3, 2025

MEMBER COST – \$120 NON-MEMBERS – \$130



"From the first notes to the final breath, WEST SIDE STORY is a theatrical event not to be missed. Shakespeare's Romeo and Juliet is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time. Broadway legends Arthur Laurents, Leonard Bernstein, Stephen Sondheim, and Jerome Robbins created a show that is both ageless and as fresh as tomorrow's headlines. Join us for this landmark musical and epic tale of love eternal." - Fireside

Departures: 7:30 AM from The Two Rivers Senior Center
8:00 am from The Perkins Park & Ride in Manitowoc



ALASKA: CALL OF THE WILD

July 24th - 30th

Go on a land journey featuring a rail ride from Anchorage to Denali, a tundra wilderness tour at Denali National Park, look for seals, sea otters, whales, and more by the face of a glacier at Kenai Fjords National Park, and a day out to shop and relax in Seward.

\$5625 pp Double



PREMIER
WORLD DISCOVERY

MACKINAC ISLAND

September 1st - 5th

Hop on a motorcoach for a beautiful drive up to northern Michigan. Experience a guided tour at Mackinaw City and visit Mackinac Island for a guided carriage tour. Board a boat for a ride through the Soo Locks and enjoy free time in Sault Sainte Marie. Conclude your trip with stops at Colonial Michilimackinac and a Northern Michigan Casino!

\$855 pp Double.

Diamond Tours^{inc}
Bringing Group Travel to a Higher Standard[®]

ALBUQUERQUE BALLOON FIESTA & SANTA FE

October 3rd - 8th

Start your journey in Albuquerque at the Balloon Fiesta and a stroll through Old Town. Then head up to Santa Fe and visit the Indian Pueblo Cultural center and Los Alamos Bradbury Science Museum. Take the "high road to Taos" for the day, then return to Santa Fe for a city tour and farewell dinner.

\$3575 pp Double

PREMIER
WORLD DISCOVERY

DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

Explore Bern, visit an Alphorn maker, experience a yodeling demonstration, fondue, Lucerne, and the Austrian Alps. Your choice of a Cultural City Walking Tour or Anarchitectural Walking Tour. Visit Innsbruck, Salzburg, Mirabell Gardens, Linderhof Palace, and Tyrolean Folk Show.

\$4,549 pp Double \$5,249 pp Single

collette

SOUTHERN CHARM HOLIDAY

December 2nd - 8th

Enjoy a tour through South Carolina and Georgia with stops in Charleston at the Boone Hall Plantation and your choice of a city walking tour or Fort Sumter Cruise, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and Christmas caroling.

\$3,699 pp Double \$4,699 pp Single

collette

CHRISTMAS IN MONTREAL & QUEBEC CITY

Dec. 3rd - Dec. 9th

Take a city tour through Montreal including Notre Dame Cathedral. Then take a train tour from Montreal to Quebec City, where you'll experience the christmas Markets of Old Quebec, Gilles Copper Museum, and a demonstration at the Sugar Shack.

\$3,375 pp Double

AARP TAX-AIDE 2025



TAX
TIME

The AARP Foundation provides Tax-Aide services free of charge with a special focus on taxpayers over 50 and those with low-to-moderate income. This year, volunteers will be offering both in-person and drop-off appointments at the Two Rivers Senior Center from **February 10th thru April 11th on Monday afternoons and Friday mornings**. You do not need to be a member of The Two Rivers Senior Center to benefit from this service.

AARP tax preparer volunteers are trained to prepare and electronically file basic federal, state, and Homestead tax returns. Complex returns may be advised to see a professional tax preparer.

Call 920-793-5596 to make an appointment today!



NEW!

PARKS & REC GOLF SIMULATOR

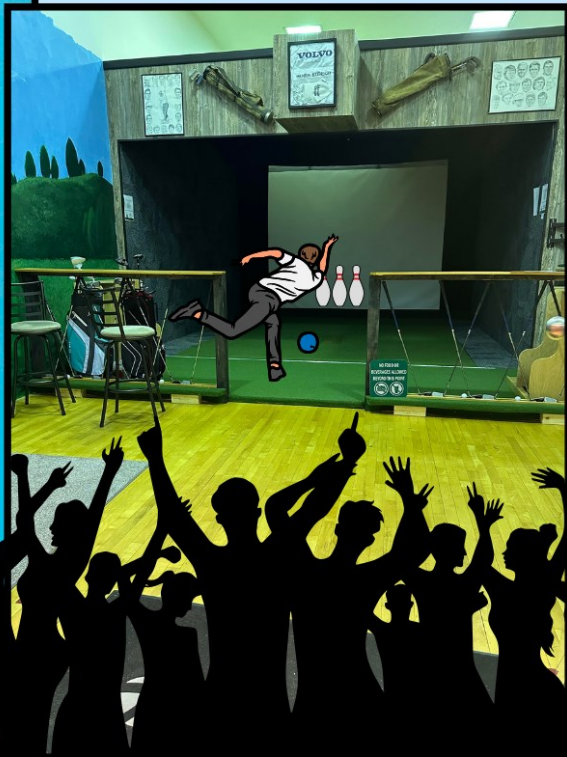
**SENIOR CENTER GOLF
SIMULATOR OPEN HOUSE!**

 **OPEN HOUSE!**

**DROP IN ON JANUARY 28TH FROM 9-11 AM
AND JOIN MEGAN TO TEST IT ALL OUT!**

Starting in February, the Senior Center has reserved the simulator every Tuesday from 9-11 am for seniors to come and play all of the games that the simulator has to offer, such as-

Golf, Cornhole, Bowling, Foot
golf, Disc Golf, Soccer,
Dodgeball, Hockey, Pitching,
and more!



THANK YOU!

WE APPRECIATE YOU!

GENERAL DONATIONS

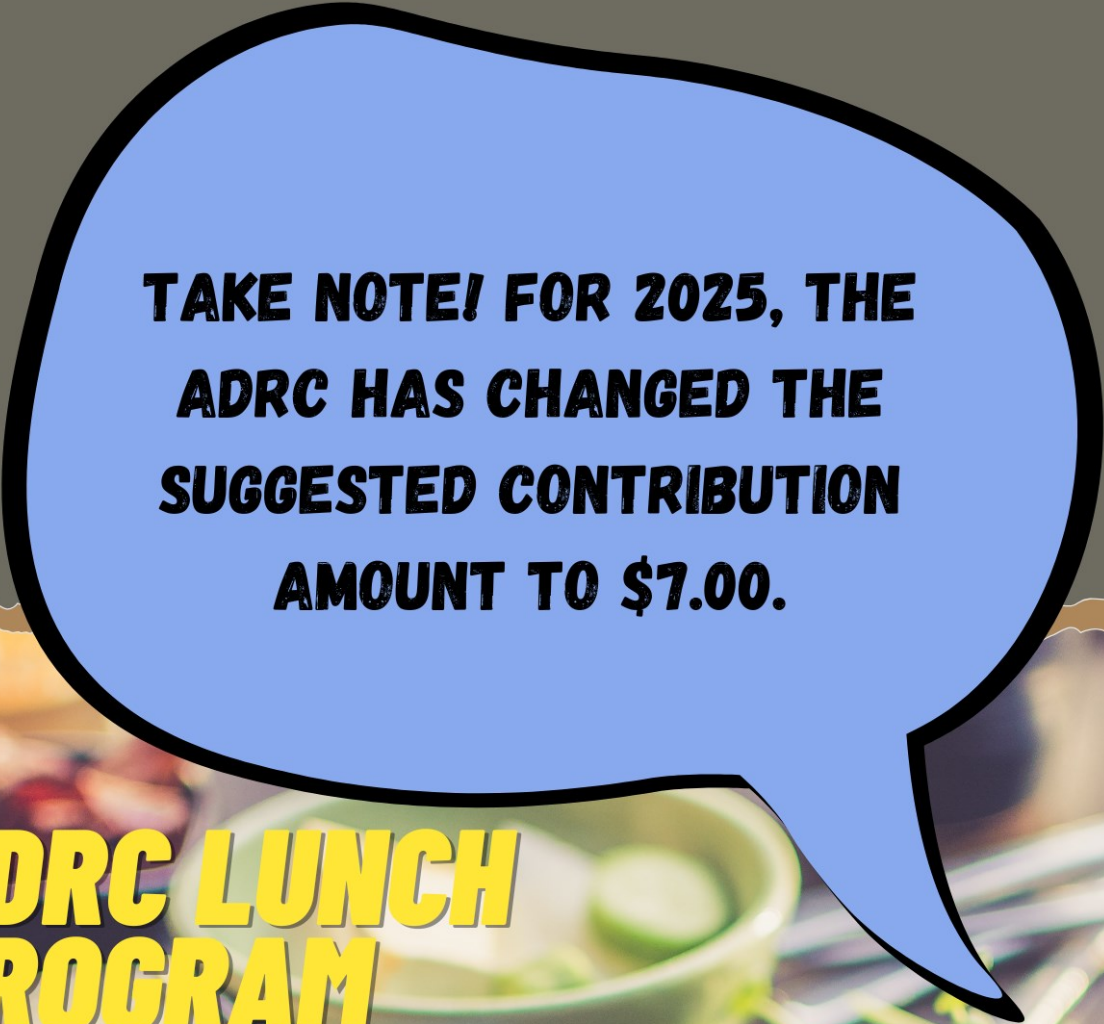
Virginia Coffman, Donnie Polifka, Patrick Gagne, Julie Klein, and all those who donated anonymously!

SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral Home, Dominitz Flowers, Felician Village, Holy Family Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care, Lakeshore Family Funeral Homes/ Klein & Stangel, Lester Public Library, Manitowoc Health & Rehab, Maritime Metro Transit, Meadow View Assisted Living, Park Lane Apartments/ Mishicot housing, Patch Adams & Associates, Shady Lane Senior Living, Sharon S. Richardson Community Hospice, Society of St. Vincent De Paul, The Bay at North Ridge, The Medicine Shoppe, Two Rivers TRIAD Committee, Unity Hospice, Valley View Apartments, VFW #1248 (Veterans of Foreign Wars- Two Rivers), Village Green East & West

DECEMBER HOME DELIVERED MEAL VOLUNTEERS

Two Rivers School District, 1st Anderson Real Estate LLC, Hamilton Home, Grace Church, The Two Rivers Fire Department, and all the individuals who drive for us!



**TAKE NOTE! FOR 2025, THE
ADRC HAS CHANGED THE
SUGGESTED CONTRIBUTION
AMOUNT TO \$7.00.**



**ADRC LUNCH
PROGRAM**

MONDAY- FRIDAY @ 11:30 AM

Sign up for the ADRC lunch program and dine in at the Two Rivers Senior Center. Reservations required by 11:00 AM the day before. Call 920-793-7266 to make your reservation.

Suggested Contribution of \$7.00 for those over 60



JANUARY

2025

Two Rivers/Mishicot
Dine In and Home
Delivered Meals

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Meal Site Closed</p>	<p>2 Cranberry meatballs, mashed potatoes, California blend veggies, apricots, WW dinner roll, oatmeal cookie</p>	<p>3 Rosemary chicken, baby red potatoes, carrots, WW bread, spiced apples</p>
<p>6 Beef tacos, refried beans, corn, golden salad</p>	<p>7 Baked chicken, whipped potatoes, carrots, WW bread, fruited Jello</p>	<p>8 Pork roast, potato casserole, peas, WW dinner roll, chocolate chip cookie</p>	<p>9 Chicken Caesar salad, vegetable bean soup, dinner roll, chocolate mousse</p>	<p>10 Chicken stir fry, brown & white rice, carrots, pineapple, peanut butter bar*</p>
<p>13 Pineapple glazed ham, cheesy potatoes, Brussel sprouts, rye bread, tropical fruit</p>	<p>14 Chili, egg salad on wheat, three bean salad, applesauce, cherry cake</p>	<p>15 Chicken pot pie, Hubbard squash, broccoli, white bread, butterscotch torte</p>	<p>16 Beef pepper steak, whipped potatoes, wax beans, WW dinner roll, fresh fruit</p>	<p>17 Salmon, potato O'Brien, cabbage & carrots, rye bread, bread pudding</p>
<p>20 Lasagna, Capri blend veggies, peaches, French bread, apple pie square</p>	<p>21 Meatloaf, mashed potatoes & gravy, California blend veggies, rye bread, chocolate pudding torte</p>	<p>22 Brat on WW bun, Caesar potatoes, baked beans, golden salad</p>	<p>23 Beef noodle casserole, romaine salad, country blend veggies, garlic breadstick, banana</p>	<p>24 Chicken dumpling soup, ham salad on rye, cucumber salad, pears, chocolate chip bar</p>
<p>27 Beef stroganoff, mashed potatoes, corn, WW dinner roll, fruit & yogurt parfait w/ granola</p>	<p>28 Tuna noodle casserole, winter squash, grapes, biscuit, lemon bar</p>	<p>29 Beef vegetable soup, turkey & cheese on WW, mandarin oranges, black bean brownie</p>	<p>30 Italian chicken, romaine salad, tomato wedges, potato bucks, WW bread, strawberries & angel food cake</p>	<p>31 Pork chop, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping</p>

*Contains nuts.

Please note: our kitchen is
NOT a nut-free facility.

Menu subject to
change.

