

January

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1

**New Year's Day.
Senior Center closed.**

2

8:00 ADRC Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
9:30 Chorus Practice
11:30 Lunch
12:15 Footcare Appts.
1:00 Sheepshead

3

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

6

8:30 Committee on Aging
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Soul Surfer

7

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

8

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

9

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
12:15 Footcare Appts.
1:00 Sheepshead
12:00- Friends of the TRSC Annual Board Meeting

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8:30 Quilting
9:00 BINGO Brunch
9:00 Sip & Swipe
11:30 Lunch
Creation Station reservation deadline

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9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Aviator

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8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

15

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead
6:00 Cork & Canvas

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8:30 Quilting
9:00 BINGO Brunch
9:00 Sip & Swipe
11:30 Lunch
Creation Station pick up

20

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Hour of the Gun

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8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

22

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

23

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

24

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

27

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Bye Bye Birdie

28

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes
Golf Simulator Open House @ 9

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8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

30

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

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8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Call 920-793-5596 to sign up for classes and activities today!