

February

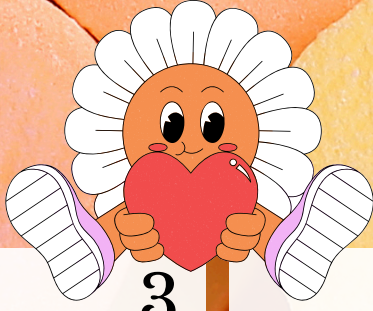
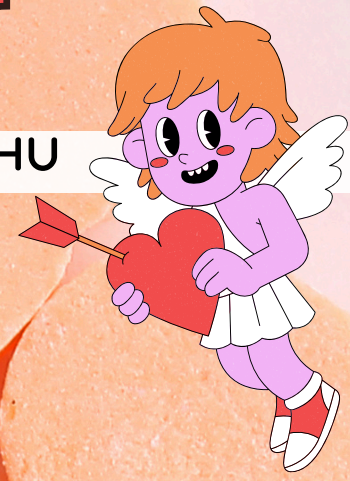
MON

TUE

WED

THU

FRI



3

8:30 Committee on Aging
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Fluke

4

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

5

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

6

8:00 ADRC Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
12:15 Footcare Appts.
1:00 Sheepshead

7

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

10

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Jane Eyre

9:00- ADRC Sip & Swipe
(in the SC library)

11

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

12

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

13

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

12:00- Friends of the TRSC Board Meeting

14

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch



Creation Station reservation deadline

17

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Six Triple Eight

9:00- ADRC Sip & Swipe
(in the SC library)

18

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

19

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

20

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

21

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station pick up

24

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Here

25

8:30 Footcare Appts
9:00 Golf Simulator
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

26

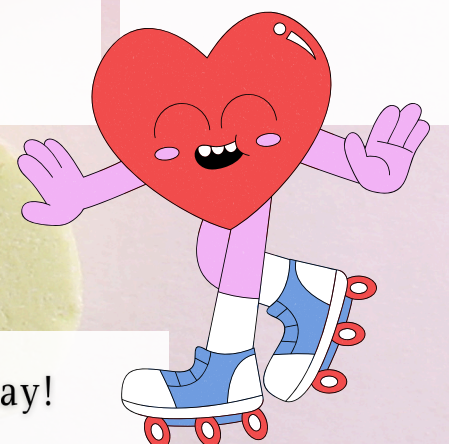
8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 Move
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

27

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

28

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch



Call 920-793-5596 to sign up for classes and activities today!