



# ACTIVITIES AND SERVICES

Call 920-793-5596 for inquiries, appointments, and registration

#### **Activities**

Tuesdays @ 1 pm & Fridays @ 9 am Bingo Bowling at The Hook Wed @ 9:15am **Card Creators** Wednesdays @ 10:00 am Creation Station Varies, see Calendar Wednesdays @ 1:30 pm Cribbage Tuesdays @ 1:00 pm Dominoes Mahjong Tuesdays @ 9:30 am Movie Matinee Mondays @ 1:00 pm Fridays @ 8:30 am Quilting Red Hattitudes Third Thursday of the month Sheepshead Thursdays @ 1:00 pm

#### **Exercise**

Fitness Fun (virtual)

Simply Seniors (P&R)

Arthritis Exercise

Yoga (in person instructor)

EnerChi (in person instructor)

Cardio Drumming(virtual)

Mondays @ 10 am

Tuesdays @ 10:30 am

Mon & Wed @ 9 am

Wed @ 10:15 am

Thursdays @ 9:00 am

#### **Notice**

Members of the Two Rivers Senior Center consent to allow The Two Rivers Senior Center to use any photographs, videos, sound tracks, or any reproductions of these, to be used in written materials, social media or any other type of media. The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

#### Health

Blood Pressure- Second Tuesdays Health Screenings- See Calendar Foot Care- Monday afternoons, Tuesday &Wednesday Mornings, and Thursdays by appointment.

#### **Transportation**

TRUST Car Door-to-Door 920-793-5596 Assist To Transport 920-682-8820 Maritime Metro (bus) 920-686-3560 One-stop-shop/ Mobility mgmt. 920-686-6977

#### Services

#### **ADRC Services-**

ADRC Benefit Specialist- First Thursday- call ADRC for appt. at 920-683-4180 Heat Assistance info- November-January 1-833-646-0823 Home Delivered Meals- Please call the ADRC 920-683-4180

#### **Two Rivers Senior Center Services-**

Books, DVD's, & puzzles available to borrow Chore list (hired help)

Reassurance Calls- During Regular Hours
Tax Assistance (AARP) - February - April
Tours- Call for personal appointment
Vision Assistance TV Reader available
\*TRSC Services are open to all

#### **Dining Room**

Lunch:

Monday - Friday

e 11:30 am



Guest day passes are available for \$5 at the front window.

Members can bring a friend or family member, or individuals can get a pass for an activity or exercise class.

# GOVERNANCE & MORE



Call 920-793-5596 for inquiries, appointments, and registration

## City of Two Rivers Committee on Aging

Meets the first Monday of each month @ 8:30am. This meeting is an open meeting, all are welcome.

Members- Mark Bittner, Jackie Ackerman, Kim Graves, PJ Stephens, Jerry Schubring, Jo Yungerman, Kyle Korinek, Betty Bittner, Ruth Kadow.

#### Friends of the Two Rivers Senior Center

The Friends of the Two Rivers Senior Center is a qualifying 501(c)3 corporation and may receive grants from foundations and donations that are tax-deductible to the donors. If you are interested in making a tax-deductible donation, please call 920-793-5596.



## Friends of the Two Rivers Senior Center

**Board** meets the second Thurs. of each month at 12pm.

President- Sharon Bauknecht

Vice President- Jan Klein

Secretary- Ruth Kadow

Financial Secretary- Sid Kemp

Treasurer- Cindy Schmidt

Members at large- Cathy Cole, Kim Graves

## **Our Mission**

The Two Rivers Senior Center, a division of Parks & Recreation Department of the City of Two Rivers, is committed to providing an active and productive lifestyle for adults in the community through diversified volunteer opportunities, advocacy for adults, programming for health, recreation, education and community affairs.

# Staff

## **Senior Center Supervisor**

Heather Ihlenfeldt P: 920-793-5590

E: heaihletwo-rivers.org

## **Program Coordinator**

Megan O'Connor P: 920-793-5597

E: megmaretwo-rivers.org

## **Nutrition & Volunteer Coordinator**

Mary Omillian P: 920-793-7266

E: maromi@two-rivers.org

Two Rivers Senior Center 920-793-5596

1520 17th Street, Two Rivers WI 54241





# **ADRC** Benefit specialist

contact the ADRC at 920-683-4180 to schedule an appointment to meet with a benefit specialist at the Senior Center the first Thursday of each month. The benefit specialist can talk with you about health insurance access, community based services, and housing/ utilities.



# **Blood Pressure Screenings**

Free blood pressure screenings are available the **second Tuesday of every month** from **10:30 to 11:30 am**, provided by Sharon S. Richardson Community Hospice. Walk-ins welcome.

Free to everyone.

Call **920-793-5596** to schedule today.



# **Foot Care**

Call and sign up for a foot soak, nail trim, lotion, and massage with Mary Kaufmann, LPN on Monday Afternoons, Becky Gates, LPN, on Tuesday mornings, Sharon Glandt, RN, on Wednesday mornings, and one of these three lovely nurses on Thursdays.

By appointment only. Checks for \$25 payable directly to your nurse.

NOW AVAILABLE 4
DAYS A WEEK!

Call **920-793-5596** to schedule today.

# **COMMITTEE ON AGING**

Next Meetings are Monday, December 2nd, and Monday, January 6th @ 8:30 AM in the Library

The Committee on Aging is made up of seniors and leaders from the city and school district, whose goal is to shed light and take action on issues affecting the seniors in our community.

# REMINDER

Please return items borrowed from the library, as well as any new donations, to the front desk.

Thank You!

# PEOPLE HELPING PEOPLE CHORE PROGRAM

Open to anyone, the chore list provides a list of members in the community who want to offer services to seniors. It is the responsibility of both parties to agree on work and payment.

The Senior Center does not recommend anyone, nor guarantee their work.

To have your name added to the list to help, call 920-793-5596.

To pick up a chore list, stop by the Senior Center office M-F 8am-4pm.



# Pick up our newsletter at these locations!

#### **Two Rivers**

Two Rivers Family Dental
St. Peter the Fisherman
The Medicine Shoppe
Patsy's Mobil Mart
Delwan Apartments
Bank First National
Meadow View
Northland Lodge
Lester Library
St. Luke's Place Apts

Two Rivers Christian Thrift Store

Mueller Manor
Community First Bank
River House Apts
Fox Valley Credit Union
Shoreline Credit Union
Hamilton Care Center
TREP

Washington House St. Vincent De Paul Village Green East Village Green West Schroeder's/ Red Bank Coffee

<u>Manitowoc</u>

ADRC of the Lakeshore
Felician Village
Manitowoc Public Library
The Lakehouse - Manitowoc
Manitowoc Visitor's Center
Manitowoc Senior Center
Manitowoc County Chamber
Manitowoc Tourist Info Center
YMCA

All trips to and from the Senior Center are FREE!

# T.R.U.S.T.

TWO RIVERS UNIQUE SENIOR TRANSPORTATION

The Two Rivers Senior Center TRUST car is available to take you to do all your Two Rivers errands, whether shopping, social, or medical.

This service is for members of the Senior Center who are living in Two Rivers.

TRUST car cards must be used, and can be purchased in office or from the driver for \$15. Each card holds 10 punches, with each stop requiring a punch.

Members must call at least one day ahead of time to schedule a ride. Rides can be scheduled months ahead, but no rides can be scheduled for same day pick up.

For more information or to schedule a ride, call 920-793-5596

The TRUST car vehicle and program are sponsored by the Friends of the Two Rivers Senior Center

# Memberships

\$15/yr per person \$225 for a lifetime!

Stop in and sign up or renew your membership anytime during office hours!

Membership is open to anyone over 50, grants you access to many of our programs at no additional cost, and is payable by cash or check.



# Tech assistance appointments!

Thanks to avolunteer high school student with an interest in technology and helping people, we're able to offer one on one tech appointments on Wednesdays from 1-3 pm.

Our volunteer can help with technology questions across multiple devices, so make an appointment and bring in your smart phones, tablets, and laptops for user guidance.

Call 920-793-5596 and sign up for an appointment today!





**MARK YOUR CALENDARS!** 

The ADRC will be holding two sessions to help folks with their technology questions February 10th and 17th.

More information to follow!



Serving Manitowoc Co.

The Manitowoc/ Two Rivers Lion Club is in need of gently used wheelchairs and knee scooters. To donate, contact Jan Klein at 920-323-4986



# CARD

Wednesdays @10am
Two Rivers Senior Center Library

# PRE-REGISTER BY CALLING 920-793-5596

The card creators are a group of membervolunteers who make cards that get sent to members, Home Delivered Meal participants, and more on behalf of the Senior Center. Thank you card creators!

# **Quilting Group**

Join this creative group and make quilts with materials provided by the Senior Center. Don't know how to quilt? We'll teach you! The quilters hard work gets sent to area organizations and individuals in need. Thank you quilters!

# Fridays at 8:30 am in the Library

Call 920-793-5596 to register



# Creation Station

CUPCAKE ORNAMENTS

Use the materials provided to create this adorable sweet ornament!

To reserve your kit, call 920-793-5596. Call by Friday, December 13th.

Kits will be ready for pick up December 20th at the Senior Center front desk.

One kit per person. Additional kits may be purchased for the guest price of \$5.

Members FREE, Guest \$5



Stop in today and pick up a Senior Center gift certificate for a friend or loved one! Gift certificates can be made out in any denomination and are good for:

Annual memberships, Lifetime memberships, Wellness Cards, TRUST cards, Day trips, Extended bus trips, Senior Center special meals, Senior Center bake sales, and Special Senior Center classes that require a fee such as: Cork & Canvas, Cooking for 1 or 2.





# Exercise

One wellness card punch per class for Fitness fun, Arthritis Exercise, and Cardio Drumming. Wellness cards can be purchased at the front desk @ \$10 for 10 punches.

\*See the next page for Silver Sneakers details\*

# Senior Yoga

# **Mondays**

@ 9

This class, with inperson instruction,
includes yoga &
range of motion
moves tailored to
seniors. All skill
levels welcome. In
the Behringer
room.

Silver Sneakers class!

# **Arthritis Exercise**

# Tuesdays @ 10:30

This class can help get you moving to increase strength and flexibility, reduce joint pain, and help combat fatigue. In the Behringer room.

1 wellness punch.

# Senior Yoga

# Wednesdays

@ 9

This class, with inperson instruction, includes yoga & range of motion moves tailored to seniors. All skill levels welcome. In the Behringer room.

Silver Sneakers class!

# <u>Cardio</u> <u>Drumming</u>

# **Thursdays**

@9

Join this fun group for 60 minutes of drumming at your own pace, led by a virtual instructor. All levels welcome.
Classes are held in the Koska Room.

# **Fitness Fun**

# Mondays @ 10

Join this eclectic virtual exercise class for all fitness levels.
Activities include dancing, cardio, and more!
Classes are held in the Koska room.
1 wellness punch.



Wednesdays
@ 10:15am

A mix of Tai Chi and Qigong, this class improves and maintains health through slow, meditative movements, while focusing on mindful breathing, focus, and visualization. In the Behringer room.

Silver Sneakers class! CLASSES ARE GEARED FOR
A WIDE RANGE OF
ENDURANCE LEVELS.
CLASSES ARE ADAPTABLE,
SO EXERCISE AT YOUR OWN
PACE!

1 wellness punch.

Call 920-793-5596 to register for classes.





Location: Two Rivers Senior Center 1520 17th Street Two Rivers, WI 54241

sign up for Silver Sneakers classes with Cathy!

## Here's how it works:

## Silver Sneakers eligible members- FREE

Not sure if you're eligible? Visit silversneakers.com to check your eligibility and find your member ID, or ask your instructor.

A punch card will be available for all of Cathy's classes directly through her. Prices are as follows:

Senior Center Members- \$10 for a 5 class punch card
Non-Members- \$20 for a 5 class punch card
Drop in to try a single class for \$5!

Mono vs 9:00 am- Yoga (Range of Motion)
Wednesdays 9:00 am- Yoga (Range of Motion)
Wednesdays 10:15 am- EnerChi (Tai Chi/ Qigong)

# Silver Sneakers *Move* Class

# Starting Wednesday, January 15th @ 10:15 AM

Move is a fun, dance inspired workout class. This class provides a higher intensity dance workout to help improve cardio endurance and burn calories with easy-to-flow moves and energizing music. Get ready for a great cardio workout!

# **CARS Program**

This American Legion program allows folks to donate unwanted vehicles to benefit a non-profit: in this case, The Friends of the Two Rivers Senior Center!

For questions or to start your donation, visit: careasy.org/nonprofit/friendsofthe tworiversseniorcenter or call 855-500-7433

# THE SALVATION ARMY MOBILE PANTRY AT THE SENIOR CENTER



The Salvation Army Mobile Pantry will include the Two Rivers Senior Center on its deliveries!

NOW ON THURSDAYS!

On the 2nd Thursday of each month they will be in the Senior Center parking lot on 18th Street to distribute meals to folks who have reserved a food box.

To reserve a food box, please call The Salvation Army to make an appointment.

920-684-7117 M-TH 9am- 4pm.



# We're at it again! Cork & Canvas

-Rocks Edition-

Join us Thursday, January 16th at 6 pm Express a little creativity while enjoying libations, light snacks, and fun!

Sign up at the Two Rivers Senior Center by 1/2/2025



# Get ready for a reunion!

The Senior Center Choir, lead by the exuberant Donna Reilly, will be holding several practice sessions to prepare for a short series of holiday performances.

Choir friends old and new are invited to participate! Call 793-5596 to let us know you're coming!

> December 5th & 9th at 9:30 am in the Senior Center Library.

# TWO RIVERS SENIOR CENTER

# **RED HATTITUDES**

Thursday, December 12st at 11:30 am

Join the Red Hattitudes for a meal and meeting at:

The Lighthouse Inn 1515 Memorial Dr, Two Rivers, WI 54241

Clara is your hostess.

WE ARE ALWAYS
LOOKING FOR PEOPLE
TO HAVE FUN WITH
US. IF INTERESTED,
INQUIRE AT THE
SENIOR CENTER

# TRIAD

Stop in at the Senior Center and pick up your Kwik Trip car wash card to support TRIAD. Each card is worth 5 ultimate car washes.

\$36 each







The Friends of the Two Rivers Senior Center have generously decided to sponsor wellness cards for all members for all of 2025!

This sponsorship means that Fitness Fun, Arthritis Exercise, and Cardio Drumming are all now FREE to members!

Starting in January, you will no longer need to purchase wellness cards for these classes. We do ask that you still sign up and sign in whenever possible. When you sign up ahead of time, we can contact you if there is a change in the class schedule.

## THANK YOU FRIENDS OF THE SENIOR CENTER!







#### **December 2nd- The Family Stone-**

Everett Stone wants to bring his girlfriend, Meredith Morton to meet his bohemian Connecticut family at Christmas. Straitlaced Meredith, feeling she needs backup, asks her sister Julie to come along. Hoping to win the approval of her boyfriend's parents Sybil and Kelly and the rest of the family,

- IMDb

Rated PG-13. Run time 1 hr 43 minutes.

#### December 9th-It's a Wonderful Life-

George Bailey has so many problems he is thinking about ending it all - and it's Christmas! As the angels discuss George, we see his life in flashback. As George is about to jump from a bridge, he ends up rescuing his guardian angel, Clarence - who then shows George what his town would have looked like if it hadn't been for all his good deeds over the years. -IMDb Rated PG. Run time 2 hr 10 minutes.

#### December 16th- Genie-

As his life unravels around him just in time for Christmas, Bernard dusts off an antique jewelery box that happens to contain trapped genie Flora, who might just be able to help him. - IMDb Rated PG. Run time 1 hr 33 minutes.

#### **December 23rd- White Christmas-**

Singers Bob Wallace and Phil Davis join sister act Betty and Judy Haynes to perform a Christmas show in rural Vermont. There, they run into Gen. Waverly, the boys' commander in World War II, who, they learn, is having financial difficulties; his quaint country inn is failing. So what's the foursome to do but plan a yuletide miracle: a fun-filled musical extravaganza that's sure to put Waverly and his business in the black!- IMDb Not Rated. Run time 2 hr 20 minutes.

#### **December 30th-Age of Adeline-**

Adaline Bowman has miraculously remained a youthful 29 years of age for nearly eight decades, never allowing herself to get close to anyone lest they discover her secret. However, a chance encounter with a charismatic philanthropist named Ellis Jones reawakens Adaline's long-suppressed passion for life and romance. -IMDb Rated PG-13. Run time 1 hr 52 minutes.

#### Pre-register by calling 920-793-5596. Space is limited

Movie Matinees are sponsored by the Lester Public Library. Snacks are sponsored by TRIAD of Two Rivers.



# IT'S ALL FUN AND GAMES...

Come and join in the fun! To sign up ahead of time, give us a call at 920-793-5596

# Bowling

Wednesdays @ 9:15 At the Hook

Meet at the Hook at 9:15!

# **Mahjong**

Tuesdays @ 9:30

In the Library

# **Cribbage**

Wednesdays @ 1:30 In the Library

# **Bingo**

Tuesdays @ 1:00

In the Koska

# **Sheepshead**

Thursdays @ 1:00 In the Library

# **Dominoes**

Tuesdays @ 1:00

In the Library

# **Bingo Brunch**

Fridays @ 9:00 In the Koska



Friday, December 20th 1:30-2:30pm

Come join us for cake, refreshments, and raffle prizes!

Call 920-793-5596 to reserve your spot today! Sign up by December 13th!

Event sponsored by the Friends of the Two Rivers Senior Center

# **COOKIE SALE!**

Stop down December 16th-20th and pick up a batch of holiday cookies! Choose between plates of sugar cookies, or decorate your own sugar cookie kits!

REGISTRATION REQUIRED. Register by 12/12.

1/2 dozen-\$5 dozen-\$7

# HAPPY BIRTHDAY!

#### **DECEMBER 1**

Pat DeWitt Edmond Meyer Sue Stock Clara Zimmer

#### **DECEMBER 2**

Rosalyn Bourgeois Donna Kryzenske

#### **DECEMBER 3**

Diana Glover Judy Root

#### **DECEMBER 4**

Patricia Bannen Alan Leidig Sue Porter Gail Terry

#### **DECEMBER 5**

Beatrice Lawler Olive Press

#### **DECEMBER 6**

Tracy Klesper
Joan Lesperance
Jo Maire Swanson

#### **DECEMBER 9**

Arlene Kolarik Mitzi Pilon Frances Weier

#### **DECEMBER 10**

Phillip Smogoleski

#### **DECEMBER 11**

Diane Stage

#### **DECEMBER 12**

Deb Klein Sandra Stevens

#### **DECEMBER 13**

Donna Fehrman Judy Theys Eric Trausch

#### **DECEMBER 14**

Judith Hagedorn Bonnie Schrimpf

#### **DECEMBER 15**

Stella Johanek Jo Yungerman

#### **DECEMBER 16**

Jean Morin Charlene Neubert Philip Rehrauer

#### **DECEMBER 17**

Bette Messman Nicholas Schaden

#### **DECEMBER 18**

George Korkos Sue Sprang

#### **DECEMBER 20**

Laurel Bradley Caroline Curtis Sharon Stueck

#### **DECEMBER 21**

Nancy Barker Caroline Payette

## **DECEMBER 22**

Kelly Gerros

#### **DECEMBER 23**

Judith Gretz Rosemary Heideman Carol Schmitt

#### **DECEMBER 24**

Margaret Burgett Jean Kouba

#### **DECEMBER 25**

Carol Schwantes

#### **DECEMBER 27**

Edward Gauthier Shirley Glaser Alison Havel Ann Howard Anthony Reindl

#### **DECEMBER 28**

Mary Kaufmann Clarence Neumaier

#### **DECEMBER 30**

Leigh Coenen Ann DeFere Judith Dolan Michael Kouba Kristine LaFond Mary Mueller

#### **DECEMBER 31**

Sharon Kornely





# Upcoming Trips

"LET YOUR FINGERS DO THE WALKING" THROUGH THE TRAVEL SECTION OF YOUR NEWSLETTER FOR TRIP DETAILS!

Koninsberg

## 2024

DAY TRIP TO APPLETON
December 5th SOLD OUT

#### 2025

CLASSICAL GREECE
DISCOVERY
February 9th-19th

HOLLAND TULIPS & RHINE
RIVER CASTLE CRUISE
CLOSED
March 26th- April 4th

WESTSIDE STORY AT THE FIRESIDE THEATER
April 3rd

SPOTLIGHT ON CLOSED WASHINGTON D.C.

March 27th- April 1st

IRELAND: DUBLIN, CORK, & GALWAY
April 27th - May 4111

ALASKA: CALL OF THE WILD July 24th - 30th

> MACKINAC ISLAND September 1st - 5th

ALBUQURQUE BALLON FIESTA &SANTA FE October 3rd - 8th

> DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA October 15th - 24th

SOUTHERN CHARM HOLIDAY
December 2nd - 8th

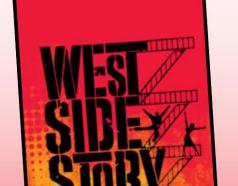
CHRISTMAS IN MONTREAL & QUEBEC CITY

December 3rd - 9th

\*Call for availability. Sign up today! 920-793-5596

# JOINUS Pire ide, Inc.

# **APRIL 3, 2025**



## MEMBER COST - \$120 NON-MEMBERS - \$130

"From the first notes to the final breath, WEST SIDE STORY is a theatrical event not to be missed. Shakespeare's Romeo and Juliet is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heartwrenching, and relevant musical dramas of our time. Broadway legends Arthur Laurents, Leonard Bernstein, Stephen Sondheim, and Jerome Robbins created a show that is both ageless and as fresh as tomorrow's headlines. Join us for this landmark musical and epic tale of love eternal." – Fireside

Departures: 7:30 AM from The Two Rivers Senior Center 8:00 am from The Perkins Park & Ride in Manitowoc





# Pan-Banging Pecan Snickerdoodle Cookies

Recipe courtesy of Food Network Kitchen

Level: Easy

Total: 2 hrs (includes chilling time) - Active: 25 min - Yield: 13 cookies

We packed these cookies with cinnamon, pecans and chocolate toffee chunks for the ultimate snickerdoodle experience—and then added one finishing touch. Inspired by blogger Sarah Kieffer's internet–famous crinkled chocolate chip cookies, we pulled the snickerdoodles out of the oven midway through cooking and banged the baking sheet on the counter, producing a cookie with the best of both worlds—crispy ripples around the edge and a soft, chewy center.

### **Ingredients**

- 2 cups all-purpose flour (see Cook's Note)
- 1 tablespoon ground cinnamon
- 11/2 teaspoons kosher salt
- 1/2 teaspoon baking soda
- 2 sticks (16 tablespoons) unsalted butter, at room temperature
- 11/3 cups granulated sugar
- 1/4 cup packed dark brown sugar
- 1 large egg, at room temperature
- Five 1.4-ounce chocolate toffee bars, chopped
- 3/4 cup pecans, finely chopped

#### Cook's Note

When measuring flour, spoon it into a dry measuring cup and level off excess. (Scooping directly from the bag compacts the flour, resulting in dry baked goods.)

#### **Directions**

Adjust the oven rack to the middle position and preheat to 375 degrees F. Line 3 baking sheets with foil.

Whisk together the flour, cinnamon, salt and baking soda in a medium bowl.

Add the butter to the bowl of a stand mixer fitted with a paddle attachment (or a large bowl if using a hand mixer). Beat on medium-high speed until fluffy, about 2 minutes. Add the granulated sugar and brown sugar and beat on medium-high speed until pale and fluffy, about 4 minutes. Add the egg and beat until combined.

With the mixer on low speed, gradually add the dry ingredients.

Beat on low until just combined. Add the chopped chocolate toffee bars and pecans and stir to combine.

Use a 1/3 cup measuring cup to scoop leveled mounds of cookie dough evenly spaced on the prepared baking sheets. Roll each mound into a ball. Transfer 1 baking sheet to the freezer and freeze until firm, about 20 minutes.

Transfer the frozen baking sheet to the oven (meanwhile, transfer the second baking sheet to the freezer) and bake until the edges have melted and the center is still domed, about 10 minutes. Remove the sheet from the oven and bang it firmly on a work surface until a small ripple forms around the outer edge. Return it to the oven and bake until the center puffs up, 3 to 4 minutes. Remove the sheet from the oven and bang it again firmly on a work surface until the edges are rippled and golden brown and the center is soft. Let the cookies cool on the baking sheets, about 10 minutes. Transfer to a wire rack to cool completely. Repeat with the remaining baking sheets, freezing the third baking sheet for 20 minutes while the second baking sheet is in the oven.



# Winter Crossword



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#### Down

- 1. A fun thing you can do on ice.
- 2. A large animal that hibernates.
- **3.** These keep your hands warm in winter. Hint: No fingers.
- 5. The last month of the year.
- 6. A piece of snow.
- 8. Large birds that migrate.
- 9. Snow crashing down a mountain.

- 11. A snowstorm.
- **12.** White fluffy stuff that covers the ground.
- **15.** If you are not careful, you might catch a \_\_\_\_\_.
- 17. The opposite of freeze.
- **18.** Merry !
- 21. A warm article of clothing.
- 22. Wet, partly melted, snow.
- **25.** Something you sit on as you ride down a hill.







#### Across

- **1.** A fun thing you can do on snow.
- 3. Change ice to water.
- **4.** Something you wear to keep your hands warm.
- 7. Head south for the winter like birds do.
- 10. A long break from school.
- 12. A winter person?
- 13. Frozen water.
- **14.** Happy \_\_\_\_\_\_!
- **16.** A drink that warms you up in winter.
- 19. Change water to ice.
- 20. The first month of the year.
- 23. Ice hanging from your roof.
- **24.** This covers windows in winter.
- **25.** Something you wear to keep your neck warm.
- **26.** These keep your feet dry in winter.
- 27. Sleep through the winter.

# ALASKA: CALL OF THE WILD

July 24th - 30th

Go on a land journey featuring a rail ride from Anchorage to Denali, a tundra wilderness tour at Denali National Park, look for seals, sea otters, whales, and more by the face of a glacier at Kenai Fjiords National Park, and a day out to shop and relax in Seward.

\$5625 pp Double



# **MACKINAC ISLAND**

September 1st - 5th

Hop on a motorcoach for a beautiful drive up to northern Michigan. Experience a guided tour at Mackinaw City and visit Mackinac Island for a guided carriage tour. Board a boat for a ride through the Soo Locks and enjoy free time in Sault Sainte Marie. Conclude your trip with stops at Colonial Michilimackinac and a Northern Michigan Casino!

\$855 pp Double.



# ALBUQURQUE BALLOON FIESTA & SANTA FE

October 3rd - 8th

Start your journey in Albuqurque at the Balloon Fiesta and a stroll through Old Town. Then head up to Santa Fe and visit the Indian Pueblo Cultural center and Los Alamos Bradbury Science Museum. Take the "high road to Taos" for the day, then return to Santa Fe for a city tour and farewell dinner.

\$3575 pp Double



# DISCOVER SWITZERLAND, AUSTRIA, & BAVARIA

October 15th - 24th

Explore Bern, visit an Alphorn maker, experience a yodeling demonstration, fondue, Lucerne, and the Austrian Alps. Your choice of a Cultural City Walking Tour or Anarchitectural Walking Tour. Visit Innsbruck, Salzburg, Mirabell Gardens, Linderhof Palace, and Tyrolean Folk Show.

\$4,549 pp Double \$5,249 pp Single

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# **SOUTHERN CHARM HOLIDAY**

December 2nd - 8th

Enjoy a tour through South Carolina and Georgia with stops incCharleston at the Boone Hall Plantation and your choice of a city walking tour or Fort Sumter Cruise, and experience the James Island county Park Holiday Display. In Savannah, experience your choice of Trolley tour or Haunted Savannah walking tour, St. Simmons Island, and Christmas caroling.

\$3,699 pp Double \$4,699 pp Single

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# CHRISTMAS IN MONTREAL & QUEBEC CITY

Dec. 3rd - Dec. 9th

Take a city tour through Montreal including Notre Dame Cathedral.

Then take a train tour from Montreal to Quebec City, where you'll experience the christmas Markets of Old Quebec, Gilles Copper Museum, and a demonstration at the Suger Shack.

\$3,375 pp Double

# THANK YOU!

# **WE APPRECIATE YOU!**

## **GENERAL DONATIONS**

Sharon & Karen, Virginia Coffman, Patrick Gagne, Karen Ewald, and all those who donated anonymously!

# SUPPORTING BUSINESSES AND ORGANIZATIONS

Covered Wagon Restaurant, Deja & Martin Funeral
Home, Dominitz Flowers, Felician Village, Holy Family
Memorial/ Froedtert, Inclusa, Jay's Legacy Home Care,
Lakeshore Family Funeral Homes/ Klein & Stangel, Lester
Public Library, Manitowoc Health & Rehab, Maritime
Metro Transit, Meadow View Assisted Living, Park Lane
Apartments/ Mishicot housing, Patch Adams &
Associates, Shady Lane Senior Living, Sharon S.
Richardson Community Hospice, Society of St. Vincent De
Paul, The Bay at North Ridge, The Medicine Shoppe, Two
Rivers TRIAD Committee, Unity Hospice, Valley View
Apartments, VFW #1248 (Veterans of Foreign Wars- Two
Rivers), Village Green East & West

## **NOVEMBER HOME DELIVERED MEAL VOLUNTEERS**

Two Rivers School District, 1st Anderson Real Estate LLC, St. Peter the Fisherman, Hamilton Home, Good Shepherd, Grace Church, Rotary, and all the individuals who drive for us!





# DECEMBER

# 2024 Two Rivers/Mishicot Dine In and Home Delivered Meals

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## TUESDAY WEDNESDAY THURSDAY

FRIDAY

Beef stroganoff, mashed potatoes & gravy, corn, WW dinner roll, fruit & yogurt parfait w/ granola	Chef salad, turkey & bean soup, French bread, banana bar	Tuna noodle casserole, winter squash, grapes, biscuit, lemon bar	Southwest chicken, romaine salad, tomato wedges, potato bucks, WW bread, black bean brownie	6 Meatballs & gravy, mashed potatoes, broccoli, WW bread, fruited Jello w/ whipped topping			
9 Hamburger on WW bun, German potato salad, cucumbers & hummus, apple bar	10 Egg, ham, & cheese scramble, diced sweet potatoes, tropical fruit, mini muffin, yogurt	1 1 Baked chicken, mashed potatoes & gravy, peas, WW bread, peanut butter bar*	1 2 Scalloped potatoes & ham, romaine salad, banana, WW dinner roll	13 Stuffed pepper casserole, country blend veggies, pears, dinner roll, poke cake			
1 6 Chicken vegetable pasta, side salad, garlic bread, Black Forest cake	17 Fish sandwich on WW bun, boiled red potatoes, carrots, fruited lemon fluff	1 8 Tator tot casserole, wax beans, mandarin oranges, WW bread, vanilla pudding	19 Christmas Meal: Ham, mashed potatoes, peas, dinner roll, Christmas cake	20 Chicken & wild rice soup, tuna salad on WW bread, peaches, three bean salad, chocolate chip bar			
23 Meatloaf, whipped sweet potatoes, broccoli, WW bread, fresh orange	2 4 Meal site closed.	25 Happy Holidays!	26 Beef tips & gravy, mashed potatoes, green beans, WW bread, pumpkin bar	27 Chicken stir fry w/ rice, baby corn, pears, peanut butter cookie*			
3 0 Philly style mac & cheese, mixed veggies, peaches, WW bread, tapioca pudding	3 1 Meal site closed  HAPPY?  NEW  YEAR	Aging and Disability Resource Center of the Lakeshore					

\*Contains nuts.

Please note: our kitchen is NOT a nut-free facility.

Menu subject to change.