

December

MON

TUE

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FRI

2

8:30 Committee on Aging
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: The Family Stone

3

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

4

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

5

8:00 ADRC Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
9:30 Chorus Practice
11:30 Lunch
12:15 Footcare Appts.
1:00 Sheepshead

6

8:30 Quilting
9:00 Pop-up Senior Yoga
9:00 BINGO Brunch
11:30 Lunch

9

9:00 Yoga
9:30 Chorus Practice
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: It's a Wonderful Life

10

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

11

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

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8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead

12:00- Friends of the TRSC Board Meeting

13

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station reservation deadline

16

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Genie

17

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

18

8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:00 Tech Appts.
1:30 Cribbage

19

8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

20

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station pick up
1:30-2:30pm-
Birthday/ Holiday Party!

Cookie Sales Begin! →

23

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: White Christmas

24

Christmas Eve.
Senior Center closed.

25

Christmas Day.
Senior Center closed.

26

9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

27

8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

30

9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Age of Adeline

31

8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 NO LUNCH
1:00 BINGO
1:00 Dominoes

Call 920-793-5596 to sign up for classes and activities today!