

November

MON

TUE

WED

THU

FRI



1
8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

4
8:30 Committee on Aging
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Sweet November

5
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

6
8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:30 Cribbage

7
8:00 ADRC Benefit Specialist
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
12:15 Footcare Appts.
1:00 Sheepshead
1:00 Sharon S. Richardson Class
1:00 Collette Travel Show

8
8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

Creation Station reservation deadline

11
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Tenet

12
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
10:30 Blood Pressure Screening
11:30 Lunch
1:00 BINGO
1:00 Dominoes

13
8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:00 Fraud Presentation
1:30 Cribbage

14
8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
11:30 Red Hattitudes
1:00 Sheepshead
12:00- Friends of the TRSC Board Meeting

15
8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

1:30-2:30pm- Birthday Party!

Creation Station pick up

18
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Freebirds

19
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

20
8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
1:30 Cribbage

21
8:30 Footcare Appts.
9:00 Cardio Drumming
9:15 Simply Seniors
11:30 Lunch
1:00 Sheepshead

22
8:30 Quilting
9:00 BINGO Brunch
11:30 Lunch

25
9:00 Yoga
10:00 Fitness Fun
11:30 Lunch
12:00 Footcare Appts
1:00 Movie: Dan in Real Life

26
8:30 Footcare Appts
9:15 Simply Seniors
9:30 Mahjong
10:30 Arthritis Exercise
11:30 Lunch
1:00 BINGO
1:00 Dominoes

27
8:30 Footcare Appts
9:00 Yoga
9:15 Bowling @ The Hook
10:00 Card Creators
10:15 EnerChi
11:30 Lunch
NO AFTERNOON ACTIVITIES

28
Senior Center closed. Thanksgiving meal 12:00pm

Happy Thanksgiving

29
Senior Center closed.

Call 920-793-5596 to sign up for classes and activities today!