

June

MON

TUE

WED

THU

FRI

Special Dates

June 3rd- Committee on Aging meeting @ 8:30am
 June 21st- Monthly Birthday Party @ 1:30pm
 June 27th- Sundae Thursday
 June 29th- Pancake Breakfast & Cool City Car Show

3
 8:30 Committee on Aging meeting
 9:00 Yoga
 10:00 Fitness Fun
 11:30 Lunch
 12:00 Footcare Appts
 1:00 Movie: Fluke

4
 8:30 Footcare Appts
 9:15 Simply Seniors
 9:30 Mahjong
 10:30 Arthritis Exercise
 11:30 Lunch
 1:00 BINGO
 1:00 Dominoes
 1:00 Let's Get Moving

5
 8:30 Footcare Appts
 9:00 Yoga
 10:00 Card Creators
 10:15 EnerChi
 11:30 Lunch
 1:30 Cribbage

6
 8:00 ADRC benefit specialist
 9:00 Cardio Drumming
 9:15 Simply Seniors
 11:30 Lunch
 1:00 Sheepshead

7
 8:30 Quilting
 9:00 BINGO Brunch
 11:30 Lunch
 12:00 Dental Appts

10
 9:00 Yoga
 10:00 Fitness Fun
 11:30 Lunch
 12:00 Footcare Appts
 1:00 Movie: The Highwaymen

11
 8:30 Footcare Appts
 9:15 Simply Seniors
 9:30 Mahjong
 10:30 Arthritis Exercise
 10:30 Blood Pressure Screening
 11:30 Lunch
 1:00 BINGO
 1:00 Dominoes
 1:00 Let's Get Moving

12
 8:30 Footcare Appts
 9:00 Yoga
 10:00 Card Creators
 10:15 EnerChi
 11:30 Lunch
 1:30 Cribbage

13
 9:00 Cardio Drumming
 9:15 Simply Seniors
 11:30 Lunch
 1:00 Sheepshead
 12:00- Friends of the TRSC Board Meeting

14
 8:30 Quilting
 9:00 BINGO Brunch
 11:30 Lunch
 12:00 Dental Appts
 Creation Station reservation deadline

17
 9:00 Yoga
 10:00 Fitness Fun
 11:30 Lunch
 12:00 Footcare Appts
 1:00 Movie: Robinhood: Men in Tights

18
 8:30 Footcare Appts
 9:15 Simply Seniors
 9:30 Mahjong
 10:30 Arthritis Exercise
 11:30 Lunch
 1:00 BINGO
 1:00 Dominoes
 1:00 Let's Get Moving

19
 8:30 Footcare Appts
 9:00 Yoga
 10:00 Card Creators
 10:15 EnerChi
 11:30 Lunch
 1:30 Cribbage

20
 9:00 Cardio Drumming
 9:15 Simply Seniors
 11:30 Red Hattitudes
 11:30 Lunch
 1:00 Sheepshead
 Sundae Thursday @ 5:30

21
 8:30 Quilting
 9:00 BINGO Brunch
 11:30 Lunch
 12:00 Dental Appts
 1:30-2:30pm- Birthday Party!
 Creation Station pick up

24
 9:00 Yoga
 10:00 Fitness Fun
 11:30 Lunch
 12:00 Footcare Appts
 1:00 Movie: Bicentennial Man

25
 8:30 Footcare Appts
 9:15 Simply Seniors
 9:30 Mahjong
 10:30 Arthritis Exercise
 11:30 Lunch
 1:00 BINGO
 1:00 Dominoes
 1:00 Let's Get Moving

26
 8:30 Footcare Appts
 9:00 Yoga
 10:00 Card Creators
 10:15 EnerChi
 11:30 Lunch
 1:30 Cribbage

27
 9:00 Cardio Drumming
 9:15 Simply Seniors
 11:30 Lunch
 1:00 Sheepshead

28
 8:30 Quilting
 9:00 BINGO Brunch
 11:30 Lunch
 12:00 Dental Appts

Call 920-793-5596 to sign up for classes and activities today!